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# Aetna Student Health

## Plan Design and Benefits Summary

### Preferred Provider Organization (PPO)

### Texas Christian University

Policy Year: 2021 – 2022

Policy Number: 711142

[www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)

(877) 480-4161



This is a brief description of the Student Health Plan. The plan is available for Texas Christian University students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com). If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

## BROWN-LUPTON HEALTH SERVICES

The Brown-Lupton Health Center (a.k.a. The TCU Health Center), is an outpatient facility providing services similar to those found in a private practitioner's office. It is staffed by M.D.'s, a Nurse Practitioner who specializes in Women's Health Care, a Physician Assistant, and nurses – both R.N.'s and L.V.N.'s. During the academic year hours are 8:00 a.m. to 5:00 p.m. summer hours are 9:00a.m. To 4:30 p.m.

## Aetna Student Health Insurance Coverage at Brown-Lupton Health Center

The Brown-Lupton Health Center is an on-campus facility designed to meet the various health needs of TCU students exclusively. Students will receive a greater cost-savings by utilizing the Health Center as their primary source of care. A portion of the student health insurance premium will provide the following benefits at the Health Center:

- The Plan will pay 100% of eligible, non-prescription expenses incurred at the Health Center for the treatment of an Injury or illness.
- The deductible and Coinsurance do not apply to eligible, non-prescription expenses incurred at the Health Center.
- Non-prescription, eligible expenses are billed to Aetna Student Health by the Health Center.
- Deductibles and Coinsurance will apply on Covered Prescription Drug charges written by a Health Center Doctor and obtained from the Health Center Pharmacy.
- For more information, call the Health Services at **(817) 257-7940**. In the event of an emergency, call**911**.
- TCU Pharmacy Benefits at the Brown Lupton Health Center. Prescriptions purchased at the TCU Pharmacy may be reimbursed at 80% if the student submits a claim form and receipt to AetnaStudent Health and has met the in-network deductible of \$350.

### **Contact Information**

Brown-Lupton Health Center  
TCU Box 297400 Fort Worth, TX 76129  
(817) 257-7940

## Your Wed ID Card 2021-2022

**Please Note:** For the 2021-2022 academic year all ID Cards will be available on line the first week in September, go to the TCU Health Center's website.

## Coverage Periods

**Students:** Coverage for all insured students enrolled for coverage in the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Fall	08/15/2021	01/09/2022	08/27/2021
Spring	01/10/2022	08/14/2022	01/14/2021
Summer Session I	05/09/2022	08/14/2022	05/12/2022
Summer Session II	05/31/2022	08/14/2022	06/02/2022
Summer Session III	07/05/2022	08/14/2022	07/08/2022

## Rates

The rates below include both premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna), as well as Texas Christian University administrative fee.

### Undergraduates and Graduate Students

	Coverage Start Date	Coverage End Date	Rate
Fall Semester	08/15/2021	01/09/2022	\$1,082
Spring Semester	01/10/2022	08/14/2022	\$1,082
Summer Session I	05/09/2022	08/14/2022	\$640
Summer Session II	05/31/2022	08/14/2022	\$640
Summer Session III	07/05/2022	08/14/2022	\$640

## Student Coverage

### Eligibility

All undergraduate students carrying nine or more semester hours are required to have health insurance either through the Texas Christian University Student Health Insurance Plan or through another individual or family Plan. Although not required for graduate students or undergraduates carrying less than nine semester hours, the Texas Christian University Student Health Insurance Plan is available for students attending credit, non-web courses by specifically enrolling in the Plan during the elect/waive period at the beginning of each semester. Students must actively attend classes for at least the **first 31 days** after the date for which coverage is purchased. NOTE: Employees of TCU exercising the tuition benefits program for themselves is not eligible to purchase the health care policy.

You cannot meet this eligibility requirement if you take courses through:

- Home study
- Correspondence

- The internet
- Television (TV).

If we find out that you do not meet this eligibility requirement, we are only required to refund any premium contribution minus any claims that we have paid.

## Waiver Process/Procedure

Undergraduate students registered for nine or more semester hours who have adequate (coverage comparable to the Student Health Insurance Plan offered through TCU) health insurance coverage which will remain in effect throughout the 2021/2022 academic year and who do not choose to participate in the University’s Student Health Insurance Plan MUST file a Waiver with the University. Participation in the University-sponsored Student Health Insurance Plan can be waived online once the student has registered for classes. The deadline for waiving participation in the Student Health Insurance Plan for the Fall Semester is **August 27, 2021**. If the waiver information has not been entered online by the deadline, the student will be automatically enrolled in the University’s Student Health Insurance Plan and the charge of **\$1,082** for health insurance will be posted to the student’s account.

Semester	Waiver Deadline Date
Fall 2021	August 27, 2021
Spring 2022	January 14, 2022

**Waiver submissions** may be audited by Texas Christian University, Aetna Student Health, and/or their contractors or representatives. You may be required to provide, upon request, any coverage documents and/or other records demonstrating that you meet the school's requirements for waiving the student health insurance Plan. By submitting the waiver request, you agree that your current insurance Plan may be contacted for confirmation that your coverage is in force for the applicable Policy Year and that it meets the school's waiver requirements.

### Voluntary Enrollment Option: Graduate Students and Part-Time Undergraduate Students

All Graduate and Undergraduate Students with less than 9 hours who are attending credit, non-web courses may elect to self-enroll into the Plan by the dates below.

Semester	Voluntary Enrollment Deadline
Fall 2021	August 27, 2021
Spring 2022	January 14, 2022

**Exception:** A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person upon written request received by Aetna within 90 days of withdrawal from Texas Christian University.

## Termination and Refunds

**Withdrawal from Classes – Leave of Absence:** If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

**Withdrawal from Classes – Other than Leave of Absence:** If you withdraw from classes other than under a school-approved leave of absence within 31 days\* after the policy effective date, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

## Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

## Coordination of Benefits (COB)

The Coordination of Benefits (“COB”) provision applies when a person has health care coverage under more than one plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB).

The order of benefit determination rules tell you the order in which each plan will pay a claim for benefits. The plan that pays first is called the primary plan. The primary plan must pay benefits in accordance with its policy terms. Payment is made without regard to the possibility that another plan may cover some expenses. The plan that pays after the primary plan is the secondary plan. The secondary plan may reduce the benefits it pays so that payments from all plans do not exceed 100% of the total allowable expense.

For more information about the Coordination of Benefits provision, including determining which plan is primary and which is secondary, you may call the Member Services telephone number shown on your ID card. A complete description of the Coordination of Benefits provision is contained in the Policy issued to School Name, and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

## In-network Provider Network

Aetna Student Health offers Aetna’s broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan’s benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

## Preauthorization

You need pre-approval from us for some eligible health services. Pre-approval is also called preauthorization. Your in-network physician is responsible for obtaining any necessary preauthorization before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain preauthorization from us for any services and supplies on the preauthorization list. If you do not preauthorize when required, there is a \$500 penalty for each type of eligible health service that was not preauthorized. For a current listing of the health services or prescription drugs that require preauthorization, contact Member Services or go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

## Preauthorization call

Preauthorization should be secured within the timeframes specified below. To obtain preauthorization, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request preauthorization at least 3 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring preauthorization:	You or your physician must call at least 3 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the preauthorization decision, where required by state law. If your preauthorized services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

## Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

This Plan will pay benefits in accordance with any applicable Texas Insurance Law(s).

Policy year deductible	In-network coverage	Out-of-network coverage
You have to meet your policy year deductible before this plan pays for benefits.		
<b>Student</b>	\$350 per policy year	\$600 per policy year
Policy year deductible waiver		
The policy year deductible is waived for all of the following eligible health services: <ul style="list-style-type: none"> <li>In-network care for Preventive care and wellness, Pediatric Vision Care services, Outpatient Physician and specialist surgical services, In-hospital non-surgical physician services, Mental Health &amp; Substance Abuse Treatment</li> <li>In-network care and out-of-network care for Pediatric Dental Care, Well newborn nursery care, and Ambulance services</li> </ul>		
Maximum out-of-pocket limits		
<b>Student</b>	\$4,600 per policy year	\$8,000 per policy year

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Covered persons age 22 and over: Maximum visits per policy year	1 visit	
Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents. For details, contact your physician or Member Services by logging in to your Aetna website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.		
Preventive care immunizations		
Performed in a facility or at a physician's office  No policy year deductible or copayment applies for children from birth through age 6	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
<p><b>Maximums</b></p> <p>Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents.</p> <p>For details, contact your physician or Member Services by logging onto your Aetna member website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the number on the back of your ID card.</p> <p><b>The following is not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment or travel</li> </ul>		
<p><b>Routine gynecological exams (including Pap smears and cytology tests)</b></p>		
<p>Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office</p>	<p>100% (of the negotiated charge) per visit</p> <p>No copayment or policy year deductible applies</p>	<p>70% (of the recognized charge) per visit</p>
<p><b>Maximums</b></p> <p>Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.</p> <ul style="list-style-type: none"> <li>1 Pap smear every 12 months for women age 18 and older</li> <li>1 exam every 12 months for women over age 25 who are at risk for ovarian cancer</li> <li>1 exam every 12 months for women age 18 and older For women over age 60 depending on risk factors</li> </ul>		
<p><b>Preventive screening and counseling services</b></p>		
<p>Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol &amp; drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling &amp; Genetic risk counseling for breast and ovarian cancer</p>	<p>100% (of the negotiated charge) per visit</p> <p>No copayment or policy year deductible applies</p>	<p>70% (of the recognized charge) per visit</p>
<p>Obesity and/or healthy diet counseling Maximum visits</p>	<p>Age 0-22: unlimited visits. Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for healthy diet counseling.</p>	
<p>Misuse of alcohol and/or drugs counseling Maximum visits per policy year</p>	<p>5 visits</p>	
<p>Use of tobacco products counseling Maximum visits per policy year</p>	<p>8 visits</p>	
<p>Depression screening counseling Maximum visits per policy year</p>	<p>1 visit</p>	
<p>Sexually transmitted infection counseling Maximum visits per policy year</p>	<p>2 visits</p>	
<p>Genetic risk counseling for breast and ovarian cancer limitations</p>	<p>Not subject to any age or frequency limitations</p>	



Eligible health services	In-network coverage	Out-of-network coverage
Routine cancer screenings	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
<b>Maximums</b> <ul style="list-style-type: none"> <li>• Coverage for diagnostic mammograms will be considered the same as mammograms performed for routine cancer screenings</li> <li>• 1 low-dose mammogram every 12 months, including digital mammography and breast tomosynthesis, for covered persons age 35 or older</li> <li>• For females of any age as described below for additional routine cancer screenings</li> <li>• Diagnostic mammograms are not subject to any age or frequency limitation.</li> <li>• 1 Prostate Specific Antigen (PSA) test every 12 months for covered persons age 50 and older</li> <li>• 1 PSA test every 12 months for covered persons age 40 and older with a family history of prostate cancer, or other risk factor</li> <li>• 1 fecal occult blood test every 12 months for covered persons age 50 or older</li> <li>• 1 flexible sigmoidoscopy every 5 years for covered persons age 50 or older</li> <li>• 1 colonoscopy every 10 years for covered persons age 50 or older</li> </ul>		
<b>Additional Maximums</b>  Subject to any age, family history, and frequency guidelines as set forth in the most current: <ul style="list-style-type: none"> <li>• Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>• The comprehensive guidelines supported by the Health Resources and Services Administration</li> </ul>		
Lung cancer screening maximums	1 screening every 12 months*	
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Lactation support and counseling services	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Lactation counseling services maximum visits per policy year either in a group or individual setting	6 visits	

Eligible health services	In-network coverage	Out-of-network coverage
Breast pump supplies and accessories	100% (of the negotiated charge) per item  No copayment or policy year deductible applies	70% (of the recognized charge) per item
<b>Family planning services – female contraceptives</b>		
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Contraceptive counseling services maximum visits per policy year either in a group or individual setting	2 visits	
Female contraceptive prescription drugs and devices provided, administered, or removed, by a provider during an office visit	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	70% (of the recognized charge) per visit
Female Voluntary sterilization-Inpatient & Outpatient provider services	100% (of the negotiated charge)  No copayment or policy year deductible applies	70% (of the recognized charge)
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care</li> <li>• Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA</li> <li>• Male contraceptive methods, sterilization procedures or devices</li> </ul>		
<b>Physicians and other health professionals</b>		
Physician, specialist including Consultants Office visits (non-surgical/non-preventive care by a physician and specialist) includes telemedicine consultations)	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
<b>Allergy testing and treatment</b>		
Allergy testing & Allergy injections treatment including Allergy sera and extracts administered via injection performed at a physician's or specialist's office	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
<b>Physician and specialist surgical services</b>		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	70% (of the recognized charge)
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>The services of any other physician who helps the operating physician</li> <li>A stay in a hospital (Hospital stays are covered in the <i>Eligible health services and exclusions – Hospital and other facility care</i> section)</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul>		
Outpatient surgery performed at a physician’s or specialist’s office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit  No policy year deductible applies
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>The services of any other physician who helps the operating physician</li> <li>A stay in a hospital (Hospital stays are covered in the <i>Eligible health services and exclusions – Hospital and other facility care</i> section)</li> <li>A separate facility charge for surgery performed in a physician’s office</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul>		
<b>Alternatives to physician office visits</b>		
Walk-in clinic visits (non-emergency visit)	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
<b>Hospital and other facility care</b>		
Inpatient hospital (room and board) and other miscellaneous services and supplies)  Includes birthing center facility charges	80% (of the negotiated charge) per admission	70% (of the recognized charge) per admission
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit  No policy year deductible applies
<b>Alternatives to hospital stays</b>		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• The services of any other physician who helps the operating physician</li> <li>• A stay in a hospital (See the <i>Hospital care – facility charges</i> benefit in this section)</li> <li>• A separate facility charge for surgery performed in a physician’s office</li> <li>• Services of another physician for the administration of a local anesthetic</li> </ul>		
Home health Care	100% (of the negotiated charge) per visit	100% (of the recognized charge) per visit
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)</li> <li>• Transportation</li> <li>• Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present</li> <li>• Homemaker or housekeeper services</li> <li>• Food or home delivered services</li> <li>• Maintenance therapy</li> </ul>		
Hospice-Inpatient	100% (of the negotiated charge) per admission	100% (of the recognized charge) per admission
Hospice-Outpatient	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Respite care-maximum number of days per 30 day period	30	
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Funeral arrangements</li> <li>• Pastoral counseling</li> <li>• Financial or legal counseling which includes estate planning and the drafting of a will</li> <li>• Homemaker or caretaker services that are services which are not solely related to your care and may include: <ul style="list-style-type: none"> <li>- Sitter or companion services for either you or other family members</li> <li>- Transportation</li> <li>- Maintenance of the house</li> </ul> </li> </ul>		
Skilled nursing facility-Inpatient	75% (of the negotiated charge) per admission	75% (of the recognized charge) per admission
Hospital emergency room	\$250 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

Eligible health services	In-network coverage	Out-of-network coverage
<p><b>Important note:</b></p> <ul style="list-style-type: none"> <li>As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.</li> <li>A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.</li> <li>Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.</li> <li>Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.</li> <li>Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts that are different from the hospital emergency room copayment/coinsurance amounts.</li> </ul>		
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility</li> </ul>		
Urgent care	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered
<p><b>The following is not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)</li> </ul>		
Eligible health services	Contracting dental provider coverage*	Non-contracting dental provider coverage *
<p><b>Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.</b> The payment or reimbursement for services rendered by a dentist of a non-contracting dental provider shall be reimbursed the same as a contracting dental provider</p>		
Type A services	100% (of the negotiated charge) per visit  No copayment or deductible applies	100% (of the recognized charge) per visit  No copayment or deductible applies
Type B services	70% (of the negotiated charge) per visit  No copayment or deductible applies	70% (of the recognized charge) per visit  No copayment or deductible applies

Eligible health services	Contracting dental provider coverage*	Non-contracting dental provider coverage *
Type C services	50% (of the negotiated charge) per visit  No copayment or deductible applies	50% (of the recognized charge) per visit  No copayment or deductible applies
Orthodontic services	50% (of the negotiated charge) per visit  No copayment or deductible applies	50% (of the recognized charge) per visit  No copayment or deductible applies
Dental emergency treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

**Pediatric dental care exclusions**

**The following are not covered under this benefit:**

- Any instruction for diet, plaque control and oral hygiene
- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons; except to the extent coverage is specifically provided in the *Eligible health services and exclusions* section. Facings on molar crowns and pontics will always be considered cosmetic.
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces(that are determined not to be medically necessary mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions – Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in the *Pediatric dental care* section of the schedule of benefits
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication or analgesia (nitrous oxide)
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures

- Replacement of teeth beyond the normal complement of 32
- Routine dental exams and other preventive services and supplies, except as specifically provided in the *Pediatric dental care* section of the schedule of benefits
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dental provider that is legally qualified to furnish dental services or supplies

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural teeth	75% (of the negotiated charge)	75% (of the recognized charge)

**The following are not covered under this benefit:**

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
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**The following are not covered under this benefit:**

- Dental implants

Maternity care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Well newborn nursery care in a hospital or birthing center	80% (of the negotiated charge)  No policy year deductible applies	70% (of the recognized charge)  No policy year deductible applies

**The following are not covered under this benefit:**

- Any services and supplies related to births that take place in the home or in any other place not licensed to perform deliveries

Eligible health services	In-network coverage	Out-of-network coverage
<b>Family planning services – other</b>		
Voluntary sterilization for males-surgical services	80% (of the negotiated charge)	70% (of the recognized charge)
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Abortion except when the pregnancy places the woman’s life in serious danger or poses a serious risk of substantial impairment of a major bodily function</li> <li>• Reversal of voluntary sterilization procedures, including related follow-up care</li> <li>• Services provided as a result of complications resulting from a male voluntary sterilization procedure and related follow-up care</li> </ul>		
<b>Gender affirming treatment</b>		
Surgical, hormone replacement therapy, and counseling treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<p><b>All other cosmetic services and supplies not listed under eligible health services above are not covered under this benefit. This includes, but is not limited to the following:</b></p> <ul style="list-style-type: none"> <li>• Rhinoplasty</li> <li>• Face-lifting</li> <li>• Lip enhancement</li> <li>• Facial bone reduction</li> <li>• Blepharoplasty</li> <li>• Breast augmentation</li> <li>• Liposuction of the waist (body contouring)</li> <li>• Reduction thyroid chondroplasty (tracheal shave)</li> <li>• Nipple reconstruction</li> <li>• Hair removal (including electrolysis of face and neck)</li> <li>• Voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which are used in feminization</li> <li>• Voice and communication therapy</li> <li>• Chest binders</li> <li>• Chin implants, nose implants, and lip reduction, which are used to assist masculinization, are considered cosmetic</li> </ul>		
<b>Autism spectrum disorder</b>		
Autism spectrum disorder treatment, diagnosis and testing and Applied behavior analysis	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>Mental Health &amp; Substance Abuse Treatment</b>		
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	80% (of the negotiated charge) per admission  No policy year deductible applies	70% (of the recognized charge) per admission



Eligible health services		In-network coverage	Out-of-network coverage
Outpatient office visits (includes telemedicine consultations)		80% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit
Other outpatient treatment (includes Partial hospitalization and Intensive Outpatient Program)		80% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit
Eligible health services	In-network coverage (IOE facility)	In-network coverage (Non-IOE facility)	Out-of- network coverage
<b>Transplant services</b>			
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.		
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.		
<b>The following are not covered under this benefit:</b>			
<ul style="list-style-type: none"> <li>• Services and supplies furnished to a donor when the recipient is not a covered person</li> <li>• Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness</li> <li>• Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness</li> </ul>			
Eligible health services	In-network coverage	Out-of-network coverage	
<b>Treatment of infertility</b>			
Basic infertility services Inpatient and outpatient care - basic infertility	Covered according to the type of benefit and the place where the service is received.  No policy year deductible applies	Covered according to the type of benefit and the place where the service is received.  No policy year deductible applies	
<b>The following are not covered services under the infertility treatment benefit:</b>			
<ul style="list-style-type: none"> <li>• Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.</li> <li>• All charges associated with: <ul style="list-style-type: none"> <li>- Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father</li> <li>- Cryopreservation (freezing) of eggs, embryos or sperm</li> <li>- Storage of eggs, embryos, or sperm</li> <li>- Thawing of cryopreserved (frozen) eggs, embryos or sperm</li> <li>- The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers</li> <li>- The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related</li> <li>- Obtaining sperm from a person not covered under this plan for ART services</li> </ul> </li> </ul>			

- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)

Eligible health services	In-network coverage	Out-of-network coverage
<b>Specific therapies and tests</b>		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Diagnostic follow-up care related to newborn hearing screening	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Cardiovascular disease testing	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
<b>Maximum visits per policy year:</b> 1 screening every 5 years Limited to: Men age 45 and over but less than 76 and women age 55 and over but less than 76		
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Oral anti-cancer prescription drugs	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Chiropractic services	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.

Eligible health services	In-network coverage	Out-of-network coverage
<b>Other services and supplies</b>		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	75% (of the negotiated charge) per trip  No policy year deductible applies	Paid the same as in-network coverage
Durable medical and surgical equipment	75% (of the negotiated charge) per item	75% (of the recognized charge) per item
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Whirlpools</li> <li>• Portable whirlpool pumps</li> <li>• Sauna baths</li> <li>• Massage devices</li> <li>• Over bed tables</li> <li>• Elevators</li> <li>• Communication aids</li> <li>• Vision aids</li> <li>• Telephone alert systems</li> <li>• Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician</li> </ul>		
Enteral formulas and nutritional supplements	80% (of the negotiated charge) per item	70% (of the recognized charge) per item
<p>The following are not covered under this benefit:</p> <ul style="list-style-type: none"> <li>• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition, except as described above</li> </ul>		
Osteoporosis (non-preventive care) Physician's or specialist's office visits	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Prosthetic Devices & Orthotics (Includes Cranial prosthetics ( <i>Medical wigs</i> ))	75% (of the negotiated charge) per item	75% (of the recognized charge) per item
<p><b>The following are not covered under Prosthetics benefit:</b></p> <ul style="list-style-type: none"> <li>• Services covered under any other benefit</li> <li>• Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace</li> <li>• Trusses, corsets, and other support items</li> <li>• Repair and replacement due to loss, misuse, abuse or theft</li> <li>• Communication aids</li> <li>• Cochlear implants</li> </ul> <p><b>The following are not covered services under Orthotics benefit:</b></p> <ul style="list-style-type: none"> <li>• Services covered under any other benefit</li> <li>• Repair and replacement due to loss, misuse, abuse or theft</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Hearing aids and cochlear implants and related services</b>		
Hearing aids and cochlear implants and related services	75% (of the negotiated charge) per item	75% (of the recognized charge) per item
Hearing aids maximum per ear	One per ear every three years	
Replacement of cochlear implant external speech processor and controller components maximum	One per ear every three years	
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>• A replacement of: <ul style="list-style-type: none"> <li>- A hearing aid that is lost, stolen or broken</li> <li>- A hearing aid installed within the prior 24 month period</li> </ul> </li> <li>• Replacement parts or repairs for a hearing aid</li> <li>• Batteries or cords</li> <li>• A hearing aid that does not meet the specifications prescribed for correction of hearing loss</li> <li>• Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist or other provider not acting within the scope of their license</li> </ul>		
Hearing exams	80% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
Hearing exam maximum	1 hearing exam every 24 month consecutive period	
The following are not covered under this benefit: <ul style="list-style-type: none"> <li>• Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay</li> </ul>		
<b>Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19).</b>		
Pediatric routine vision exams (including refraction)-Performed by a legally qualified ophthalmologist, optometrist or therapeutic optometrist, or any other providers acting within the scope of their license  Includes comprehensive low vision evaluations  Includes visit for fitting of contact lenses	100% (of the negotiated charge) per visit  No policy year deductible applies	70% (of the recognized charge) per visit  No policy year deductible applies
Maximum visits per policy year	1 visit	
Low vision Maximum	One comprehensive low vision evaluation every policy year	
Fitting of contact Maximum	1 visit	
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item  No policy year deductible applies	70% (of the recognized charge) per item  No policy year deductible applies

Eligible health services	In-network coverage	Out-of-network coverage
Maximum number Per year: Eyeglass frames Prescription lenses Contact lenses (includes non-conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	One set of eyeglass frames One pair of prescription lenses Daily disposables: up to 3 month supply Extended wear disposable: up to 6 month supply Non-disposable lenses: one set	
Optical devices	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Maximum number of optical devices per policy year	One optical device	
<p><b>*Important note:</b> Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.</p>		
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses</li> <li>• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes</li> </ul>		
Outpatient prescription drugs	In-network coverage	Out-of-network coverage
For each 30 day supply filled at a retail pharmacy. You must pay out of pocket and then submit your receipt to Aetna Student Health for reimbursement	70% of the Actual Charge after the Policy Year Deductible	
<p><b>Outpatient prescription drugs exclusions</b></p> <p><b>The following are not covered under the outpatient prescription drugs benefit:</b></p> <ul style="list-style-type: none"> <li>• Abortion drugs</li> <li>• Any services related to the dispensing, injecting or application of a drug</li> <li>• Biological sera</li> <li>• Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones</li> <li>• Cosmetic drugs including medications and preparations used for cosmetic purposes</li> <li>• Devices, products and appliances, except those that are specially covered</li> <li>• Drugs or medications               <ul style="list-style-type: none"> <li>- Administered or entirely consumed at the time and place it is prescribed or provided</li> <li>- Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above</li> <li>- That include the same active ingredient or a modified version of an active ingredient as a covered prescription drug (unless a medical exception is approved)</li> <li>- That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)</li> <li>- That are therapeutically equivalent or therapeutically alternative to an over-the-counter (OTC) product (unless a medical exception is approved)</li> <li>- Not approved by the FDA or not proven safe or effective</li> <li>- Provided under your medical plan while an inpatient of a healthcare facility</li> <li>- Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee</li> </ul> </li> </ul>		

- That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our preauthorization and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Genetic care
  - Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically provided above
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us except as described in the *Diabetic services and supplies (including equipment and training)* section.
  - Needles and syringes, except for those used for self-administration of an injectable drug.
  - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Prescription drugs:
  - For which there is an over-the-counter (OTC) product which has the same active ingredient and strength even if a prescription is written.
  - Packaged in a unit dose form.
  - Filled prior to the effective date or after the termination date of coverage under this plan.
  - Dispensed by a mail order pharmacy and include prescription drugs that cannot be shipped by mail due to state or federal laws or regulations, or when the plan considers shipment through the mail to be unsafe. Examples of these types of drugs include, but are not limited to, narcotics, amphetamines, DEA controlled substances and anticoagulants.
  - That include an active metabolite, stereoisomer, prodrug (precursor) or altered formulation of another drug and are not clinically superior to that drug as determined by the plan.
  - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment to a dental condition.
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.
  - That are non-preferred drugs, unless non-preferred drugs are specifically covered as described in your schedule of benefits. However, a non-preferred drug will be covered if in the judgment of the prescriber there is no equivalent prescription drug on the preferred drug guide or the product on the preferred drug

guide is ineffective in treating your disease or condition or has caused or is likely to cause an adverse reaction or harm you.

- That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, the use of or intended use of which would be illegal, unethical, imprudent, abusive, not medically necessary or otherwise improper, and drugs obtained for use by anyone other than the person identified on the ID card.

- Refills dispensed more than one year from the date the latest prescription order was written
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation products unless recommended by the United States Preventive Services Task Force (USPSTF)

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug.

The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-authorization Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health  
ATTN: Aetna PA  
1300 E Campbell Road  
Richardson, TX 75081

## **General Exclusions**

### **Abortion**

- Abortion except when the pregnancy places the woman's life in serious danger or at serious risk of substantial impairment of a major bodily function

### **Acupuncture therapy**

- Maintenance treatment
- Acupuncture when provided for the following conditions:
  - Acute low back pain
  - Addiction
  - AIDS
  - Amblyopia
  - Allergic rhinitis
  - Asthma
  - Autism spectrum disorders
  - Bell's Palsy
  - Burning mouth syndrome
  - Cancer-related dyspnea
  - Carpal tunnel syndrome
  - Chemotherapy-induced leukopenia
  - Chemotherapy-induced neuropathic pain
  - Chronic pain syndrome (e.g., RSD, facial pain)
  - Chronic obstructive pulmonary disease
  - Diabetic peripheral neuropathy
  - Dry eyes
  - Erectile dysfunction
  - Facial spasm
  - Fetal breech presentation
  - Fibromyalgia
  - Fibrotic contractures
  - Glaucoma
  - Hypertension
  - Induction of labor
  - Infertility(e.g., to assist oocyte retrieval and embryo transfer during IVF treatment cycle)
  - Insomnia
  - Irritable bowel syndrome
  - Menstrual cramps/dysmenorrhea
  - Mumps
  - Myofascial pain
  - Myopia
  - Neck pain/cervical spondylosis
  - Obesity
  - Painful neuropathies
  - Parkinson's disease
  - Peripheral arterial disease (e.g., intermittent claudication)
  - Phantom leg pain
  - Polycystic ovary syndrome



- Post-herpetic neuralgia
- Psoriasis
- Psychiatric disorders (e.g., depression)
- Raynaud's disease pain
- Respiratory disorders
- Rheumatoid arthritis
- Rhinitis
- Sensorineural deafness
- Shoulder pain (e.g., bursitis)
- Stroke rehabilitation (e.g., dysphagia)
- Tennis elbow/ epicondylitis
- Tension headache
- Tinnitus
- Tobacco Cessation
- Urinary incontinence
- Uterine fibroids
- Xerostomia
- Whiplash

#### **Air or space travel**

- Traveling in, on or descending from any aircraft, including a hang glider, while the aircraft is in flight. This includes descending by a parachute, wingsuit or any other similar device.

This exclusion does not apply if:

- You are traveling solely as a fare-paying passenger
- You are traveling on a licensed, commercial, regularly scheduled non-military aircraft
- You are traveling solely in a civil aircraft with a current valid "Standard Federal Aviation Agency Airworthiness Certificate" and:
  - The civil aircraft is piloted by a person with a current valid pilot's certificate with proper ratings for the type of flight and aircraft involved
  - You are as a passenger with no duties at all on an aircraft used only to carry passengers or you are a pilot or a part of the flight crew on an aircraft owned or leased by the policyholder performing duties for the policyholder

#### **Alternative health care**

- Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faith-healing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Behavioral health treatment**

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* of the American Psychiatric Association:
  - Stay in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
  - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs

- Services provided in conjunction with school, vocation, work or recreational activities
- Transportation
- Sexual deviations and disorders except for gender identity disorders
- Tobacco use disorders except as described in the *Eligible health services and exclusions – Preventive care and wellness* section
- Pathological gambling, kleptomania, pyromania
- Specific developmental disorders of scholastic skills (learning disorders/learning disabilities)
- Specific developmental disorder of motor functions
- Specific developmental disorders of speech and language
- Other disorders of psychological development

#### **Beyond legal authority**

- Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

#### **Blood and body fluid exposure**

- Services and supplies provided for the treatment of an illness that results from your clinical related injury

#### **Blood, blood plasma, synthetic blood, blood derivatives or substitutes**

Examples of these are:

- The provision of blood to the hospital, other than blood derived clotting factors
- Any related services including processing, storage or replacement expenses
- The services of blood donors, apheresis or plasmapheresis
- For allogenic and autologous blood donations, only administration and processing expenses are covered

#### **Breasts**

- Services and supplies given by a provider for breast reduction or gynecomastia

#### **Clinical trial therapies (experimental or investigational)**

- Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the *Eligible health services under your plan - Clinical trial therapies (experimental or investigational)* section

#### **Clinical trial therapies (routine patient costs)**

- Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs)
- Services and supplies provided by the trial sponsor without charge to you
- The experimental intervention itself (except medically necessary Category B investigational devices and promising experimental and investigational interventions for terminal illnesses in certain clinical trials in accordance with Aetna's claim policies)

#### **Cornea or cartilage transplants**

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

#### **Cosmetic services and plastic surgery**

- Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body, whether or not for psychological or emotional reasons.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the *Eligible health services and exclusions - Gender reassignment (sex change) treatment* section.

### **Court-ordered services and supplies**

- This includes court-ordered services and supplies, or those required as a condition of parole, probation, release or as a result of any legal proceeding, unless they are a covered benefit under your plan

### **Custodial care**

Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

### **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of **injuries** to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

### **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services under your plan – Diabetic services and supplies (including equipment and training)* section. This includes:
  - Special education
  - Remedial education

- Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
- Job training
- Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

#### **Elective treatment or elective surgery**

- Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

#### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental or investigational**

- Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section.

#### **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities, except if you have an acquired brain injury. See the *Specific therapies and tests* section
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### **Felony**

- Services and supplies that you receive as a result of an **injury** due to your commission of a felony

#### **Genetic care**

- Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

#### **Growth/height care**

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

#### **Incidental surgeries**

- Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

### **Jaw joint disorder**

- Non-surgical treatment of **jaw joint disorders**
- **Jaw joint disorder** treatment performed by prosthesis placed directly on the teeth, surgical and non-surgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to covered benefits for treatment of TMJ and CMJ as described in the *Eligible health services and exclusions –Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section.

### **Judgment or settlement**

- Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

### **Mandatory no-fault laws**

- Treatment for an injury to the extent benefits are payable under any state no-fault automobile coverage or first party medical benefits payable under any other mandatory no-fault law

### **Maintenance care**

- Care made up of services and supplies that maintain, rather than improve, a level of physical or mental function, except for habilitation therapy services. See the *Eligible health services and exclusions – Habilitation therapy services* and *Services for children with developmental delays* sections

### **Medical supplies – outpatient disposable**

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Syringes, except for treatment of diabetes
  - Blood or urine testing supplies, except for treatment of diabetes
  - Other home test kits
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

### **Medicare**

- Services and supplies available under Medicare, if you are entitled to premium-free Medicare Part A or enrolled in Medicare Part B, or if you are not entitled to premium-free Medicare Part A or enrolled in Medicare Part B because you refused it, dropped it, or did not make a proper request for it

### **Non-medically necessary services and supplies**

- Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions. This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or

approved by your physician, dental provider, or vision care provider. This exception does not apply to *Preventive care and wellness* benefits.

#### **Non-U.S .citizen**

- Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program

#### **Obesity (bariatric) surgery and services**

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described in the *Eligible health services and exclusions – Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Liposuction, banding, gastric stapling, gastric by-pass and other forms of bariatric **surgery**
  - **Surgical procedures**, medical treatments and weight control/loss programs primarily intended to treat, or are related to the treatment of obesity, including morbid obesity
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

#### **Other primary payer**

- Payment for a portion of the charge that Medicare or another party is responsible for as the primary payer

#### **Personal care, comfort or convenience items**

- Any service or supply primarily for your convenience and personal comfort or that of a third party

#### **Podiatric (foot care) treatment**

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies except for complications of diabetes. See the *Diabetic services and supplies (including equipment and training)* section.
  - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

#### **Private duty nursing (outpatient only)**

##### **Riot**

- Services and supplies that you receive from providers as a result of an injury from your "participation in a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the riot. It does not include actions that you take in self-defense as long as they are not against people who are trying to restore law and order.

##### **Routine exams**

- Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive

services and supplies, except as specifically provided in the *Eligible health services and exclusions* section

### **School health services**

- Services and supplies normally provided by the policyholder's:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

### **Services provided by a family member**

- Services provided by a spouse, domestic partner, parent, child, step-child, brother, sister, in-law or any household member, except for when that family member is a **dentist** who is licensed in the State of Texas to provide the dental service rendered.

### **Sexual dysfunction and enhancement**

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services
- Not eligible for coverage are prescription drugs in 60-100 day supplies

### **Sinus surgery**

- Any services or supplies given by providers for sinus surgery except for acute purulent sinusitis

### **Sleep apnea**

- Any services or supplies given by providers for the treatment of obstructive sleep apnea and sleep disorders

### **Specialty prescription drugs**

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug benefit

### **Sports**

- Any services or supplies given by providers as a result from play or practice of collegiate or intercollegiate sports, not including intercollegiate club sports and intramurals

### **Strength and performance**

- Services, devices and supplies such as drugs or preparations designed primarily for enhancing your:
  - Strength

- Physical condition
- Endurance
- Physical performance

#### **Students in mental health field**

- Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

#### **Telemedicine or Telehealth**

- Services given when you are not present at the same time as the provider
- Services including:
  - Telephone calls
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

#### **Therapies and tests**

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### **Tobacco cessation**

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF). This also includes:
  - Counseling, except as specifically provided in the *Eligible health services and exclusions – Preventive care and wellness* section
  - Hypnosis and other therapies
  - Medications, except as specifically provided in the *Eligible health services and exclusions – Outpatient prescription drugs* section
  - Nicotine patches
  - Gum

#### **Treatment in a federal, state, or governmental entity**

- Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

#### **Vision care for adults**

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

#### **Voluntary sterilization**

- Reversal of voluntary sterilization procedures, including related follow-up care

#### **Wilderness treatment programs**

See *Educational services* within this section

#### **Work related illness or injuries**



- Coverage available to you under worker’s compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to payment from that source. You may also be covered under a workers’ compensation law or similar law. If you submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury will be considered “non-occupational” regardless of cause.

### In case of a medical emergency

When you experience an emergency medical condition, you should go to the nearest emergency room. You can also dial 911 or your local emergency response service for medical and ambulance assistance. If possible, call your physician but only if a delay will not harm your health.

### After-hours care — available 24/7

Call your doctor when you have medical questions or concerns. Your doctor should have an answering service if you call after the office closes. You can also go to an urgent care center, which may have limited hours. To find a center near you, log in at <https://myaetna.com> and search our list of doctors and other health care providers. Check your plan documents to see how much you must pay for urgent care services.

### Out-of-area services and benefits

You may not have access to an in-network provider when you are traveling outside of the plan’s service area. If you must receive medically necessary services or supplies when traveling outside of the plan’s service area, we will reimburse you as shown in the table below.

Type of provider	Your cost share
<b>In-network provider</b>	<ul style="list-style-type: none"> <li>• You pay the copayment/coinsurance.</li> </ul>
<b>Out-of-network provider</b>	<ul style="list-style-type: none"> <li>• You pay the pharmacy directly for the cost of the prescription. Then you fill out and send a prescription drug refund form to us, including all itemized pharmacy receipts.</li> <li>• Submission of a claim doesn’t guarantee payment. If your claim is approved, you will be reimbursed the cost of your prescription less your copayment/coinsurance.</li> </ul>

### Keeping a provider you go to now (continuity of care)

You may have to find a new provider when:

- You join the plan and the provider you have now is not in the network
- You are already covered under another Aetna plan and your provider stops being in our network

However, in some cases, you may be able to keep going to your current provider to complete a treatment or to have treatment that was already scheduled. This is called continuity of care.

	<b>If you are a new enrollee and your provider is an out-of-network provider</b>	<b>If you are a current enrollee and your provider stops participation with Aetna</b>
Request for approval	You need to complete a Transition Coverage Request form and send it to us. You can get this form by contacting Member Services at the toll-free number on the back of your ID card.	You or your provider should call Aetna for approval to continue any care.

Length of transitional period	Care will continue during a transitional period, usually 90 days, but this may vary based on your condition.	Care will continue during a transitional period, usually 90 days, this date is based on the date the provider terminated their participation with Aetna.
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	<b>If you have a terminal illness and your provider stops participation with Aetna</b>	
Request for approval	Your provider should call us for approval to continue any care. You can call Member Services at the toll-free number on the back of your ID card for information on continuity of care.	
Length of transitional period	Care will continue during a transitional period for up to nine (9) months. This date is based on the date the provider terminated their participation with Aetna.	
How claim is paid	Your claim will be paid at not less than the negotiated charge during the transitional period.	

	<b>If you are pregnant and have entered your second trimester and your provider stops participation with Aetna</b>	
Request for approval	Your provider should call us for approval to continue any care. You can call Member Services at the toll-free number on the back of your ID card for information on continuity of care.	
Length of transitional period	Care will continue during a transitional period through delivery, including the time required for postpartum care directly related to the delivery. This includes a post-delivery checkup within six weeks.	
How claim is paid	Your claim will be paid at not less than the negotiated charge during the transitional period.	

We will authorize coverage for the transitional period only if the provider agrees to our usual terms and conditions for contracting providers.

## Complaints and Appeals

If you are dissatisfied with the service you receive from the Plan or you want to complain about a preferred care provider, you may call the Member Services telephone number shown on your ID card or write to Aetna at:

Aetna Life Insurance Company  
 Appeals Resolution Team  
 PO Box 14464  
 Lexington, KY 40512

The complaint must include a detailed description of the matter and include copies of any records or documents that you think are relevant to the matter. You may submit an appeal if Aetna gives notice of an adverse benefit determination. A final adverse benefit determination notice may also provide an option to request an External Review (if available).

For more information about the Complaints and Appeals Procedure or External Review processes, you may call the Member Services telephone number shown on your ID card. A complete description of the Complaints and Appeals Procedure and External Review processes are contained in the Master Policy/Certificate of Coverage issued to Texas Christian University, and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

## Directory

The list of in-network providers, which includes complete descriptions of the providers' networks and a disclosure of which PPOs will not accept new patients for your plan appears at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) under the DocFind® label. When searching DocFind®, you need to make sure that you are searching for providers that participate in your specific plan. In-network providers may only be considered for certain Aetna plans. When searching for in-network dental providers, you need to make sure you are searching under Pediatric Dental plan. Upon your request, we will send you a non-electronic version of the directory at no cost to you. Please contact us at 877-480-4161, or call the Member Services number on the back of your ID card, or write to us at:

Aetna, Student Health  
151 Farmington Avenue  
Hartford, CT 06156

## Learn about our network demographics and local market access plans

We annually report health plan data and information to the Texas Department of Insurance (TDI) to assist the TDI in evaluating the adequacy of our networks. If a waiver or a local market access plan applies to facility services or to internal medicine, family or general practice, pediatric practitioner practice, obstetrics and gynecology, anesthesiology, psychiatry, or general surgery services, you may view the plan information on our website at [http://www.aetna.com/dse/cms/codeAssets/html/Texas\\_Network\\_Adequacy.html](http://www.aetna.com/dse/cms/codeAssets/html/Texas_Network_Adequacy.html)

If you do not have Internet access or prefer a printed copy of the results, contact us at 877-480-4161, or call the Member Services number on the back of your ID card.

## Texas Department of Insurance Notice

You have the right to an adequate network of preferred providers (also known as “network providers”). If you believe the network is inadequate, you may file a complaint with the Texas Department of Insurance. If you relied on materially inaccurate directory information, you may be entitled to have an out-of-network claim paid at the in-network percentage level of reimbursement and your out-of-pocket expenses counted toward your in-network deductible and out-of-pocket maximum. You have the right, in most cases, to obtain estimates in advance:

- From out-of-network providers of what they will charge for their services; and
- From your insurer of what it will pay for the services.

You may obtain a current directory of preferred providers at the following website: [www.aetna.com/docfind](http://www.aetna.com/docfind) or by calling the number on your Aetna ID card (if you're not yet enrolled, call **1-888-982-3862**) for assistance in finding available preferred providers. If the directory is materially inaccurate, you may be entitled to have an out-of-network claim paid at the in-network level of benefits. If you are treated by a provider or hospital that is not a preferred provider, you may be billed for anything not paid by the insurer.

If the amount you owe to an out-of-network hospital-based radiologist, anesthesiologist, pathologist, emergency department physician, assistant surgeon or neonatologist is greater than \$500 (not including your copayment, coinsurance and deductible responsibilities) for services received in a network hospital, you may be entitled to have the parties participate in a teleconference, and, if the result is not to your satisfaction, in a mandatory mediation at no cost to you.

You can learn more about mediation at the Texas Department of Insurance website:  
**[www.tdi.texas.gov/consumer/cpmmediation.html](http://www.tdi.texas.gov/consumer/cpmmediation.html)**.

The Texas Christian University Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx>.

### **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call the number listed on your ID card at no cost.

### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

### **Non-Discrimination**

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.

### Language accessibility statement

**Interpreter services are available for free.**

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

### Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

### አማርኛ/Amharic

ልብ ይበሉ: አማርኛ ቋንቋ የሚናገሩ ከሆነ፣ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማገልገል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (መስማት ለተሳናቸው: **711**)።

### العربية/Arabic

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-877-480-4161** (رقم الهاتف النصي: **711**).

### Bàsòò Wùdù/Bassa

Dè dè nià kè dyédé gbo: ɔ jũ ké m̄ d̄yi Bàsòò-wùdù-po-nyò jũ ni, niì à wuɖu kà kò d̄ò po-poò b̄é m̄ gbo kpàa. Đá **1-877-480-4161** (TTY: **711**).

### 中文/Chinese

注意: 如果您说中文, 我们可为您提供免费的语言协助服务。请致电 **1-877-480-4161** (TTY: **711**)。

### فارسی/Farsi

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره **1-877-480-4161** (TTY: **711**) تماس بگیرید.

### Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

### ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે.

કોલ કરો **1-877-480-4161** (TTY: **711**).

## **Kreyòl Ayisyen/Haitian Creole**

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-480-4161** (TTY: **711**).

## **Igbo**

Nrụbama: Ọ bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijiri gi. Krọọ **1-877-480-4161** (TTY: **711**).

## **한국어/Korean**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

## **Português/Portuguese**

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

## **Русский/Russian**

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (TTY: **711**).

## **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

## **اردو/Urdu**

توجہ دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں۔ - **1-877-480-4161** (TTY: **711**) پر کال کریں۔

## **Tiếng Việt/Vietnamese**

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

## **Yorùbá/Yoruba**

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlọwọ́ lórí èdè, lófẹ́ẹ̀, wà fún ọ. Pe **1-877-480-4161** (TTY: **711**).