

**Texas Christian University  
Brown Lupton Health Center**

**INFORMED CONSENT FOR DEPO PROVERA**

Initial

I voluntarily choose Depo Provera as my method of contraception.

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Other methods of contraception including abstinence have been explained to me. I understand the risks and benefits of each and have selected Depo Provera from all other methods explained to me.

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I realize Depo Provera is not 100% effective in preventing pregnancy. However, its failure rate is less than 1% and if conception occurs close to the time of injection, low birth weight and infant death or other health problems can occur, although rare.

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I am aware that Depo Provera offers no protection against sexually transmitted disease including A.I.D.S. I realize my risks of acquiring A.I.D.S. or any other STD may be greatly diminished by having my partner use condoms for each act of sexual intercourse in addition to my Depo Provera injection.

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I know I must be sure to receive my Depo Provera injection at regular 12 week intervals as pregnancy can occur after that time if I do not have the shot on schedule.

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I am aware that the following discontinuation of the injection to attain pregnancy, it may take 12-18 months to become pregnant.

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I realize side effects that could last until the effect of the medication wears off in approximately 12-14 weeks might include:

- irregular or unpredictable bleeding or spotting
- an increase or decrease in menstrual bleeding or no bleeding at all
- weight gain (average 2.75 lb./year)
- vaginal discharge or irritation
- no hair growth or excessive hair loss
- hot flashes
- headache
- nervousness
- swelling of hands/feet
- dizziness
- weakness or fatigue
- decreased sex drive
- leg cramps
- nausea
- breast tenderness or swelling
- bloating
- stomach ache or cramps
- backache
- depression
- acne
- pelvic pain
- rash

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I also know that Depo Provera may cause you to lose calcium stored in your bones. The longer you use Depo Provera the more calcium you are likely lose. After stopping Depo the calcium may not return completely. The lost of calcium may cause weak, and porous bones. There has not to date been any documented evidence that this calcium lost is associated with an increase risk of bone fractures.

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I have been told to report any of the following warning signals:

- sharp chest pain, coughing of blood or shortness of breath
- sudden or severe headache or vomiting, dizziness and problems with eyesight, speech, weakness, or numbness in the arms or legs
- severe pain or swelling in the calf of the leg
- unusually heavy bleeding
- severe pain in the lower abdomen
- persistent pain, pus, or bleeding at the injection sight.

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I have reviewed the online PDF form from the manufacturer of Depo Provera @ [media.pfizer.com/files/products/ppi\\_depo\\_provera\\_contraceptive.pdf](http://media.pfizer.com/files/products/ppi_depo_provera_contraceptive.pdf). I understand its contents and I agree to have Depo Provera injections every 12 weeks.

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I have been given the opportunity to ask questions regarding Depo Provera and contraception in general. My questions have been answered to my satisfaction.

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My last menstrual period began on \_\_\_\_\_ (date)

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Witnessed by \_\_\_\_\_